

**Sertifitseeritud treening kursus- Agenda**

**Certified Training Course (CTC) – Agenda**

**Instruktor: Dr. Mark Cronshaw**

**Asukoht: Tallinn, Eesti**

**Kuupäev:**

**COURSE CONTENT**

**PHOTOBIOMODULATION THERAPY: Accelerated healing, reduce pain and swelling, treat aphthous and herpetic ulceration, lichen planus, management of TMD, earlier and enhanced osseous-integration with implants, accelerated orthodontic tooth movement & the management of trauma including nerve damage**

**SOFT-TISSUE SURGERY: Gingivectomy, gingivoplasty, frenectomy and frenotomy, vestibuloplasty, operculectomy, troughing, depigmentation, arrest of haemorrhage**

**PERIODONTAL MANAGEMENT: Bacterial reduction and periodontal therapy for early to moderate chronic adult periodontitis**

**ENDODONTICS: Bacterial reduction, activation of irrigants, decontamination of sinus tracts**

**MORE: Desensitization, prevention of caries & management protocols & more. Optimum settings for initiation, how to check and calibrate your laser etc. + Take home your own copy of DeLTA Guidelines to Diode Laser Treatments**

**Friday 8:00 until 17:30**

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| 8:30 – 9.00 | **Registration** |
| 8:30 – 9:30 | Intro & Overview; Objectives & Philosophy of Care |
| 9:30 – 10:15 | Laser Principles; Safety Aspects & CQC Regulation; Fibre Initiation; Overview of Diode Wavelength Oral Tissue Interaction [SP] |
| 10:15 – 10:30 | **Paus** |
| 10:30 – 11:30  11:30-12:00 | Photobiomodulation (PBM) Essentials [SP]  Delivering the Dose [MK] |
| 12:00 – 1:00 | Practical PBM |
| 13:00 – 14:00  14.00-14:45 | **Lunch**  Diode Use in the Pocket [SP |
| 14:45 – 15:45 | Advanced Laser Dentistry (hard & soft-tissue; Soft- Tissue Management & Oral Medicine [MK] |
| 15:45 – 16:00 | Paus |
| 16:00-16:30   16:30-17:30 | Diode perio for hygienists & practical aspects of bleaching: hands on work shop  Practical: Surgical Techniques |