DMITRI SOMOV

Orthodontist

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PROFESSIONAL EXPERIENCE

Orthodontist — *Private Practice / Suportho*

2022–Present | Estonia

- Clinical orthodontic practice and comprehensive treatment planning.
- Integration of conventional orthodontic treatment, functional approaches and digital dentistry into everyday clinical practice.
- Management of complex cases requiring an individualized and interdisciplinary approach.

Orthodontic Collaboration and Clinical Consultancy — *Ordoline*

Approximately four years of collaboration | Clinical Consultant since August 2025

- Clinical consultation on orthodontic cases and treatment strategies.
- Analysis and review of digital treatment setups.
- Recommendations on tooth movements, biomechanics and clinical problem-solving.
- Development and refinement of treatment protocols in collaboration with orthodontic technicians.

Support in evaluating complex cases and identifying appropriate treatment solutions.

Orthodontist — *Ortodontiakeskus / Unimed / Meliva*

2008–2025 | Estonia

Clinical orthodontic practice involving children and adults, from routine cases to complex orthodontic and interdisciplinary treatment.

Treatment using fixed orthodontic appliances, clear aligners, functional appliances, extraoral appliances and temporary anchorage devices (TADs).

Clinical teaching and support of orthodontic residents and dental students.

Additional clinical experience through collaboration with other dental practices.

EDUCATION AND PROFESSIONAL TRAINING

Orthodontic Residency — *University of Tartu, Estonia*

2008–2012

Three years of postgraduate residency training, including a one-year interruption.

Clinical practice commenced in 2008.

Key Areas of Postgraduate Education and Continuing Professional Development

Bioprogressive Orthodontics.

Slavicek Concept and functional dentistry.

Vienna School of Interdisciplinary Dentistry (VieSID).

Clear aligner therapy.

Digital dentistry and digital orthodontics.

Extensive participation in postgraduate courses and professional education in Estonia, Europe and internationally.

3. CLINICAL EXPERTISE

Comprehensive Orthodontic Treatment

Orthodontic treatment of children and adults.

Management of routine and complex orthodontic cases.

Fixed appliances and individualized treatment planning.

Clear Aligner Therapy

Clinical experience with Invisalign, Spark and Ordoline.

Initial experience with clear aligners in 2010.

Active clinical use of aligner therapy since 2018.

Digital setup review and treatment refinement.

Functional Orthodontics and Functional Dentistry

Integration of functional principles into everyday orthodontic practice.

Functional appliances and extraoral appliances.

Assessment of mandibular positioning, jaw symmetry and occlusal relationships.

Application of functional approaches in individualized treatment planning.

Continued development of an integrated approach to orthodontics, occlusion and function.

TMJ and Integrated Treatment Planning

Orthodontic treatment planning for cases involving temporomandibular joint (TMJ) concerns.

Functional assessment and sequential treatment planning.

Integration of orthodontic and functional considerations in complex cases.

Digital Dentistry and Digital Orthodontics

Digital orthodontic treatment planning and setup analysis.

Work with digital dental records and diagnostic imaging.

Application of digital tools in orthodontic diagnosis, treatment planning and clinical decision-making.

Advanced Orthodontic Mechanics

Temporary anchorage devices (TADs).

Auxiliary appliances and mechanics for complex tooth movements.

Individualized biomechanical planning.

4. PROFESSIONAL ACTIVITIES AND AFFILIATIONS

Member of the Estonian Orthodontic Society (EOS).

Member of the Estonian Dental Association (EHL).

Clinical teaching and training of dental students and orthodontic residents.

Lecturer and course instructor in Estonia and internationally.

Professional collaboration and clinical consultation with Ordoline.

5. LANGUAGES

Russian: Native.

Estonian: C1.

English: B2.

6. DIGITAL SKILLS

Dental and Orthodontic Software

CADIAX — functional diagnostics.

SDiMatrix — developing and expanding practical proficiency.

Exocad — developing and expanding practical proficiency.

3Shape.

Carestream.

Nemotec.

Digital orthodontic setup analysis and treatment planning.

General Digital Skills

Microsoft Office.

Electronic communication and email management.

Digital documentation and management of clinical information.